



Our Warmest Wishes To You

Winter 2006

Dear Friends of Port Warwick Dental Arts,



Luscious breakfast in Lebanon



There's no shortage of grape vines in Lebanon



Fleeing from Lebanon



Norfolk-based USS Trenton began our heroic rescue



Finally home from two weeks at war

It is that time of year when we all begin to take time to reflect upon our blessings in a special way. **We, at Port Warwick Dental Arts and The Upper Gallery want to thank each of you for being a part of our world**, whether through dentistry, through the medical world at large, through art or just through us living in proximity to one another. **We have grown and flourished in all ways because of you.** *Your support in the way of referrals and patronage allows us to continue to invest in advanced education and technology necessary to provide you with the some of the finest dental health care in the world.*

It has been quite a journey, these past few months since I last wrote. **So many wonderful blessings have come our way and so many doors opened wide, enabling us to influence the world of medicine... and the world at large!** As many of you already know, I was invited to lecture to a group of Physicians, Dentists and Residents at the American University of Beirut, Lebanon, this past July. I had been hoping to make a trip there for many years, yet decades of wartime had kept my plans on hold. This year, with a personal/professional invitation in hand, I was determined to make the trip. My college-aged children, Robb and Julie, were excited to accompany me on the journey. This summer, after all, Lebanon was expecting the highest level of tourism in its history. Surely all would be well. Two days after we arrived, the Beirut airport was bombed. We could not even begin to imagine what that meant for us or for Lebanon. It was odd, surreal, being in the midst of a war. Some of you might have experienced such a reality in your own homelands. **My children and I are so grateful for the heroic job of our military in rescuing us and returning us safely to Hampton Roads.**

As many of you know, I have extensively documented our experience and have also been invited to present our story to a variety of groups, including various churches and the US Joint Forces Command. Needless to say, this was a life-altering experience. My personal reflections on the experience have been published multiple times locally and nationally. *If you are interested in receiving copies of interviews or my articles, please email me with your request.* After writing and speaking about the trip over the past few months, I was recently able to carve out a week to go away to begin painting of this experience. I returned with a volume of work to further share with those of you who express interest. The series is only in its infancy, but I hope to complete it sometime in the next year and have it for exhibition at that time.



What's New in Technology and Technique at PWD&A?

SO, WHAT'S NEW IN THE WORLD OF DENTISTRY AT PORT WARWICK DENTAL ARTS? SOOOO MUCH!!!

First of all, **take a look at our new website, www.PWDentalArts.com**, and be sure to send it on to family and friends! No matter where they live, they can benefit from the valuable information found within. We have already received great reviews from the worlds of dentistry as well as web design.

As always, we are at the leading edge, staying at the forefront of research and responsible use of technology.

Ask us about new and exciting procedures such as the most effective, no sensitivity Aquabrite Power Tooth Whitening.

It is not only the **most up-to-date, powerful and effective whitening available in dentistry, it is the safest and least sensitive tooth whitening process ever developed.** We are continually awed by its ability to transform a smile right before our very eyes!

As most of you already know, we are going into our fifth year with the state-of-the-art Cerec 3-D technology, allowing us to design and create strong and stunning porcelain crowns and fillings in about an hour.

This technology continues to amaze us. **No messy, gaggy impressions, no fragile temporary crowns and no need to return for a fitting and cementation.** It is all done in **one pain-free appointment!** The convenience, long-lasting integrity and beauty of these restorations is without compare. We, at Port Warwick Dental Arts have successfully created over 2000 of these restorations with unprecedented success.

Our VIP days continue to be in high demand. On these days, **my team and I choose to focus care on a single patient for the entire day**, eliminating years of dental disease at one time and completing weeks or months of treatment in one day! This approach also allows us to see so many patients from around the country and even overseas.

Our Cosmetic Smile Makeovers are at an all-time high as more and more people are recognizing the **importance of a healthy, bright smile** in their everyday social and professional interactions. **After all, who can forget a beautiful smile?!**

Perhaps most exciting, our Periodontal Program has become one of the finest, non-surgical modalities for the treatment of periodontal disease, a disease which affects nearly 85% of the adult American population. **Tragically, periodontal disease has been linked to heart attack, stroke, diabetes, preterm births and many more systemic complications.** In fact, **my article, "Periodontal Nutrition" was recently published in a national dental journal.** If you would like to receive a copy, please email me.

More importantly, if you know someone who might benefit from a Complimentary Periodontal Evaluation, please have them call us and mention your name.

However, they **must call before Dec 20 to reserve an appointment in January** as our schedule for the new year is already filling up. Many people are already **committing to renewed dental health as their New Year's resolution.**

Remember, periodontal disease is typically a silent disease and can have life-threatening consequences.

Comings and Goings



We continue to advance the development of the Port Warwick Dental Arts Institute, whose mission is to inform dental and medical practitioners from around the world in improving patient health by improving dental health.

If you are a health care practitioner, feel free to email me or call to make certain you are on our mailing list for future updates on information and courses.



My lecture schedule is nearly full for the remainder of 2006 and 2007, as I teach all levels and types of health care professionals in the US and abroad, about the serious impact of periodontal disease on systemic health. (Of course, as patients and friends of PWDA, you know all about that relationship!) And contrary to popular rumor, *I am most definitely not going into lecturing full time.* I hope to be in practice right here in Port Warwick for many, many more years to come.

I continue to interact with both Sentara and Riverside Hospitals in coordinating lectures for their medical staff, including residents and physicians.

I am continually impressed with our regional hospitals as they are displaying foresight and responsibility towards the improvement of the health care of their patients in a very solid, proactive manner.

This past September, I was delighted to be invited to present vital oral health information at the annual conference of LINKS, a group of professional African-American Women who serve the community in a variety of ways. The most exciting thing about this opportunity was that each woman brought a young girl with her to the conference. Talk about getting them the information they can use when they are young! Well you know me and my preventive, proactive approach to health care....this was a request I couldn't refuse!

With regard to our exceptional team at PWDA, we were pleased to welcome **Fatima**, our talented and eager pre-dental student, to the clinical arena this past July. **Fatima not only earned a top score on her dental boards, she has shown by her talents that she is gifted in all areas of advanced clinical assisting.** *We are proud to have her on our team and anticipate her entry into dental school next fall!* Additionally, Fatima had her first taste of the personal and professional satisfaction of mission dental care when we participated in a day of advanced surgical procedures at the Peninsula Christian Free Clinic in Newport News. As always, PWDA will continue to support those less fortunate throughout the year through a variety of initiatives.

Annette continues to hold down the administrative front with aplomb and Jerelyn is right by her side, both always ready with warm, cheerful "can-do" attitudes. They bless us with their high level of creative problem solving, and organizational skills as well. Annette is now celebrating over two decades in dentistry!

Janice brings her years of military dental experience, her unique energy and an overwhelming sense of excitement about dentistry to PWDA. There is absolutely no secret that she loves what she is doing! We are delighted that she has become an integral member of our team.



Port Warwick Dental Arts

Practicing the Art of Fine Dentistry on the Peninsula Since 1982

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“Is *Your* Smile
Ready For The Camera?”

From my first visit, Dr. Samaha was amazingly caring and thorough. She performed a totally natural looking makeover, rejuvenating my entire smile. On my wedding day, my teeth were as bright as my dress!

Janna Posey Matherly, Yorktown, VA

WE LOVE CREATING BEAUTIFUL SMILES!

Creating beautiful smiles is just one tiny part of what we do every day at PWDA.

As importantly, though, we remain committed to helping free our patients of any presence of periodontal disease.

Please Don't Keep Us A Secret!

We are excited about and proud of what we are able to offer, and we realize that it is only because of our loyal friends and patients that we are able to continue our mission of excellence. So, please don't keep us a secret! As we have helped you, *we would love to help your family and friends achieve the level of dental health of which they have been dreaming.* We now have improved financing options so we encourage them to inquire about how we can make their vision for a healthy, beautiful smile a reality.

And by the way, please don't forget to call on us whenever you have a need for a piece of artwork for a fundraiser or auction at your church or other community, non-profit organization or cause. As many of you know, The Upper Gallery is also commonly known as “The Donation Gallery” as we are delighted to continue to offer support to numerous worthy organizations throughout the year.

As always, our warmest and our best to you as we enter into this magical, holy and blessed season. It is our prayer that our gracious Creator's light shines upon each of you; that it renews and refreshes you in all ways. May each of you be deeply touched by the Source of Life and may peace reign throughout our world.

With blessings and gratefulness for each one of you,

Lisa Marie Samaha, DDS, FAGD, PC and my exquisite team, Annette, Jerelyn, Fatima and Janice