

Do You Toss and Turn? Wake up Feeling Exhausted?

“In 2004 I was admitted to the emergency room of our local hospital and diagnosed with atrial fibrillation. Up to that point, I thought I was in good health. The doctors ran the necessary tests but could not explain to me what caused the condition. I was prescribed two potent medications and was on those drugs for two years. The side effects of the medications were horrible and worst of all, I couldn’t think clearly and was exhausted all the time.

One day, Dr. Samaha gave me a questionnaire that asked **‘Has anyone ever told you that you snore?’** The answer to that question was **‘yes!’** Dr. Samaha gave me a referral to a Sleep Physician who told me **I had the worst snoring problem he had ever seen.** That led me to the ‘CPAP’ machine as well as other options which were cumbersome and caused my sleep to be restless. **Dr. Samaha provided me with a custom-fitted oral appliance and my sleep improved considerably. I was able to fall asleep and wake-up in the same position eight hours later!** Soon, I was no longer exhausted all the time. **I felt like I had my life back after many, many years.**

After feeling dramatically better from use of the snoring appliance, I wanted off my prescription medications but was told “No” by the specialists. However, because it was such a blessing, I told my doctor I wanted to go off the drugs anyway. And I did. He monitored me and later I was reevaluated for my atrial fibrillation with an EKG at our local hospital. The atrial fibrillation was no longer present! **I can truly say that what Dr. Samaha did for me dramatically changed my health, and my life!”**

Harry G. Broskie
Newport News, Va



*Harry was always exhausted
but now feels energized and
has his life back!*



Lisa Marie Samaha, DDS

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