

Is Your CPAP Uncomfortable? Annoying? Cumbersome? Or Even Embarrassing?

“I was diagnosed with severe sleep apnea a few years ago at the VA Medical Center. **They fitted me for a CPAP machine. Wow, was that a crazy setup. There was no way I could get to sleep with that on!** So they fitted me with another style. No better. Frustrated and exhausted, with my blood pressure climbing right along with my weight, I had all but given up that I would ever feel energetic or rested again. Fortunately, I found Dr. Lisa Marie Samaha and her team who were trained in helping people with sleep disorders and they are right here in Newport News, Virginia!

In communication with my sleep physician, they evaluated and then custom-fitted me with a sleek oral appliance which is very easy to wear. And boy has my life changed! I awaken each day having had fewer sleeping hours, but feeling so much more rested than ever before. I can sleep all night without those constricting, claustrophobic straps, tubes, masks or noise—and without my side to side movement being restricted! And no longer do I have to deal with the horrendous security inspections when I travel thru airports. The appliance Dr. Samaha made me fits in the palm of my hand.

My wife, too, is happier. (And so am I - she is sleeping with me again!)--**She says I am sleeping more quietly and more soundly without the interrupted, choking and gasping sounds that used to scare her out of her mind!**

And I have to laugh, when I travel to visit my daughter, she says I no longer “rattle the walls” at night!

Thank you, Dr. Samaha! **You are a great dentist and your passionate desire to offer me the best care possible will surely add years to my life. It has already added happiness!”**

Rev JC Linn
Retired Air Force Physician Assistant
Williamsburg, Va



before



after



Lisa Marie Samaha, DDS

*Creating Beautiful, Healthy Smiles
in Hampton Roads since 1982.*

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