

# Sharing My Story to Inspire the Next Chapter of Yours

*“I experienced regular headaches, sometimes mild and other times intense, but never knew what was causing them. I happened to mention this to Dr. Samaha during one of my visits and she felt that the cause was dental in origin. (Who would have thought?) My previous dentist had never connected my headaches with a dental cause. Turns out I was clenching my teeth while sleeping and my bite was slightly off -- the combination was creating these ongoing headaches. No wonder they weren't going away! During that same appointment, Dr. Samaha balanced my bite and created a sleep guard for me to wear at night to prevent clenching. Imagine my surprise when my headaches disappeared immediately!”*

I am so impressed at how Dr. Samaha addresses the whole person, the whole body, and the interconnectedness of our entire body. Thank you.”

Elise Fee  
Certified Hypnotherapist,  
Speaker, Author, Life Mentor  
Washington, DC



Elise Fee  
Washington, DC



*Lisa Marie Samaha, DDS*  
*Creating Beautiful Smiles*  
*in Hampton Roads since 1982.*

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